



# Monroe County Youth Risk Behavior Survey (YRBS)

## 2013 Results

Monroe County Youth Risk Behavior Survey was completed by 1,462 high school students in Monroe County in the spring of 2013 in the School Districts of: Cashton, Norwalk-Ontario-Wilton, Sparta, and Tomah. The 2011 rates are listed in parenthesis with arrow to show increase ↑, decrease ↓, or no change **NC** in behavior (if less than 2% change from 2011 to 2013).

### Among Monroe County High School Students...

#### Assets

- 79%** Strongly agree or agree that their family loves and gives help and support (↓ from 83%)
- 47%** Strongly agree or agree teachers really care and give them a lot of encouragement (↓ from 58%)
- 56%** Feel like they belong at school (↓ from 63%)
- 62%** Have at least one adult at school they could talk to if they have a problem (↓ from 67%)

#### Unintentional Injuries and Violence

- 11%** Rarely or never wore a seat belt (**NC** 12%)
- 20%** Rode with someone who had been drinking in past 30 days (**NC** 21%)
- 9%** Drove after drinking alcohol in past 30 days (**NC** 8%)
- 11%** Were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months (↑ from 8%)
- 7%** Did not go to school because they felt unsafe (↑ from 4%)

#### Mental Health & Bullying

- 24%** Felt so sad or hopeless almost every day for two weeks or more in a row (↑ from 20%)
- 13%** Seriously considered suicide in last 12 months (**NC** 13%)
- 16%** Did something to purposely hurt themselves, such as cutting or burning (**NC** 16%)
- 29%** Bullied on school property in past 12 months (↑ from 23%)
- 22%** Electronically bullied during the past 12 months (↑ from 17%)

#### Alcohol and Other Drug Use

- 38%** Drank alcohol in past 30 days (**NC** 36%)
- 23%** Binge drank in past 30 days (↑ from 20%)
- 28%** Used marijuana in lifetime (↑ from 25%)
- 15%** Used synthetic marijuana in lifetime (New)
- 3%** Used heroin one or more times in lifetime (**NC** 2%)
- 18%** Used prescription drug without a doctor's permission in lifetime (**NC** 18%)
- 13%** Were offered, sold, or given an illegal drug by someone on school property in the past 12 months (↑ from 10%)

#### Tobacco Use

- 17%** Smoked cigarettes at least once in past 30 days (**NC** 19%)
- 12%** Used chewing tobacco at least once in past 30 days (**NC** 12%)
- 12%** Smoked cigars, cigarillos, or little cigars on one or more of the past 30 days (**NC** 13%)

#### Sexual Behaviors

- 45%** Have ever had sex (**NC** 44%)

#### Dietary Behaviors & Physical Activity

- 25%** Drank one or more pops per day during past week (↓ from 30%)
- 29%** Watched TV for 3 or more hours/day (**NC** 27%)
- 30%** Played video games or used a computer for non-school work 3 or more hours/day (↑ from 25%)
- 54%** Physically active 60 or more minutes/day on five or more days/week (**NC** 52%)

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