

Monroe County Youth Risk Behavior Survey (YRBS)

2011 Results

Among Monroe County High School Students...

Assets

- 83%** Strongly agree or agree that their family loves and gives help and support
- 58%** Strongly agree or agree teachers really care and give them a lot of encouragement
- 63%** Feel like they belong at school
- 67%** Have at least one adult at school they could talk to if they have a problem

Unintentional Injuries and Violence

- 12%** Rarely or never wore a seat belt
- 21%** Have ridden with someone who had been drinking in past 30 days
- 8%** Drove after drinking alcohol in past 30 days
- 8%** Were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months
- 4%** Did not go to school because they felt unsafe

Mental Health & Bullying

- 20%** Felt so sad or hopeless almost every day for two weeks or more in a row
- 13%** Seriously considered suicide in last 12 months
- 16%** Did something to purposely hurt themselves, such as cutting or burning
- 23%** Bullied on school property in past 12 months
- 17%** Electronically bullied during the past 12 months

Dietary Behaviors & Physical Activity

- 30%** Drank one or more pops per day during past week
- 27%** Watched TV for 3 or more hours/day
- 25%** Play video games or use a computer for nonschool work 3 or more hours/day
- 52%** Physically active 60 or more minutes/day on five or more days/week

Alcohol and Other Drug Use

- 36%** Drank alcohol in past 30 days
- 20%** Binge drank in past 30 days
- 25%** Used marijuana in lifetime
- 18%** Used prescription drug without a doctor's permission
- 10%** Were offered, sold, or given an illegal drug by someone on school property in the past 12 months

Tobacco Use

- 19%** Smoked cigarettes at least once in past 30 days
- 12%** Used chewing tobacco at least once in past 30 days
- 13%** Smoked cigars, cigarillos, or little cigars on one or more of the past 30 days

Sexual Behaviors

- 44%** Have ever had sex

Monroe County Youth Risk Behavior Survey was completed by 1,588 high school students in Monroe County in the spring of 2011 in the School Districts of: Cashton, Norwalk-Ontario-Wilton, Sparta, and Tomah.

Parents You Matter!

Parents have more influence over their child than friends, music, TV, the Internet and celebrities. Kids who learn a lot about the risks of drugs and alcohol from their parents are up to 50% less likely to use than those who do not. From: www.timetotalk.org

Help your teen stay safe and make healthy choices by:

- Talking and listening regularly
- Being directly involved in your child's everyday world
- Making it clear that you do not want him or her drinking or using drugs
- Setting limits

*Brought to you by the
Monroe County Safe
Community Coalition*

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